

## Grille de temps

	Dames	Messieurs
50 nage libre	29.74	27.01
100 nage libre	1:04.88	58.93
200 nage libre	2:21.07	2:09.64
400 nage libre	4:56.91	4:33.49
800 nage libre	10:16.54	9:33.91
1500 nage libre	20:19.84	18:08.49
50 dos	33.99	30.88
100 dos	1:12.78	1:06.81
200 dos	2:37.84	2:24.85
50 brasse	38.09	34.43
100 brasse	1:22.94	1:15.38
200 brasse	2:59.61	2:44.84
50 papillon	32.44	29.20
100 papillon	1:12.97	1:06.10
200 papillon	2:48.30	2:32.51
200 4 nages	2:39.45	2:26.27
400 4 nages	5:43.36	5:15.87